



## RYA LEVEL 2 DINGHY SAILING

### PRE COURSE INFORMATION

The Level 2 sailing course is designed to progress your sailing skills further, participants will be taught all they need to know in order to get afloat in light to moderate winds without need for assistance. This course once completed could be considered your drivers licence for dinghy sailing. It is nationally recognised as a benchmark qualification.

#### Course content

The five essentials  
Coming alongside  
Theory  
Capsize recovery  
Man overboard

#### Facilities and equipment

During the course you will be using a variety of craft. Our fleet consists of Topaz, Taz, Topaz Race and Omega. The relevant boat will be selected to run your course

Wetsuits and buoyancy aids are provided for the duration of all courses

Tallington lakes boasts a sailing specific clean spring fed lake to ensure all your tuition takes place in the ideal learning environment without disturbance from our other exciting activities available on site

Please bring with you a towel and a pair of old trainers you don't mind getting wet!

#### Lunch

Lunch is available from our lakeside bar at competitive prices (please enquire for details)

Alternatively bring a packed lunch

#### Pre requisites

You must be at least 16 years old, have the Level 1 certificate and be enthusiastic about water sports

YOU DON'T NEED TO BE ABLE TO SWIM JUST BE WATER CONFIDENT

#### Duration

The course is run over two days with approximately 4 hours of tuition per day.

#### Running times

10.00 - 12.00	Session 1
12.00 - 1.00	Lunch
1.00 - 3.00	Session 2

#### Cost

£150 per head with 2 or more participants

£200 1:1



#### General

Please arrive early on the first day of your course to allow time for booking in and introductions to be done. Although Tallington lakes endeavours to never cancel course please be aware that sessions are subject to appropriately safe weather conditions.

#### The next step

Having completed your RYA Level 1 and 2 courses you can hire any of our dinghies at a competitive rate throughout the season.

Alternatively why not progress further with the RYA Level 3 course, which will continue to enhance skills learnt during the Level 1 and 2 courses as well as giving you a greater insight into the 5 Advanced modules.



We are open 7 days a week from mid March to October from 9.30am – 6.30pm

Tallington water sports  
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