



RYA Junior Stage 3 Dinghy Sailing Pre course information

By the end of the Stage 3 course all participants should be competent to sail a single-handed dinghy without the need for an instructor, this is the level required to hire our single-handed dinghies
After this award is gained pupils may hire a boat weather dependant and use the lakes under the supervision of our safety boats

Course content

Tacking
Gybing
Rigging
Racing
Improved theory
Safety afloat
Fun games



Facilities and equipment

During the course you will be using a variety of craft, our fleet consists of Topaz, Taz, Topaz Race and Omega. The relevant boat will be selected to run your course.

Wetsuits and buoyancy aids are provided for the duration of all courses

Tallington lakes boasts a sailing specific clean spring fed lake to ensure all your tuition takes place in the ideal learning environment without disturbance from our other exciting activities available on site

Please bring with you a towel and a pair of old trainers you don't mind getting wet!

Lunch

Lunch including lunch boxes are available from our lake side bar at competitive prices (please enquire for details)

Alternatively bring a packed lunch

Pre requisites

You must be aged between 8 and 15, and be enthusiastic about water sports you must also hold the RYA Stage 2 unless undertaking a direct assessment. It is imperative that students ensure they are up to scratch with their Stage 2 before aspiring to progress, there will not be time to cover old award in any kind of depth, so a lack of understanding of the previous awards will make success on this award a struggle.

YOU DON'T NEED TO BE ABLE TO SWIM JUST WATER CONFIDENT

Duration

The course is run over two days with approximately 4 hours of tuition per day.

Running times

10.00am - 12.00pm	Session 1
12.00am - 1.00pm	Lunch
1.00pm - 3.00pm	Session 2

Cost

£150.00 per head as part of a group

Price includes logbooks and certificates



General

Please arrive early on the first day of any course to allow booking in and introductions to be done

The next step

Having completed your RYA Stage 3 why not try the Stage 4? The Stage 4 course converts all your single handed dinghy skills into a dual handed boat, once you complete the Stage 4 you may hire any of our fleet of boats and even take people out for a sail with you. We recommend you take personal tuition before undertaking the course to ensure your Stage 3 skills are up to scratch

We are open 7 days a week from April to October from 9.30-6.30



Tallington water sports
Tallington lakes leisure park
Barholm rd
Tallington
NR Stamford
Lincs
PE9 4RJ

Tel: 01778 34 7000
fax: 01778 34 5321
www.tallington.com
info@tallington.com