



RYA Junior Stage 4 Dinghy Sailing Pre course information

The Stage 4 course teaches juniors how to use all the skills acquired in the previous stages in relation to a dual handed boat. After this award is obtained, come and hire any boat from our extensive sailing fleet. It is imperative that the previous awards are revised and understood before undertaking this award. This is the top award in the junior syllabus.

Course content

All the aspects of the Stage 3 award
Tacking
Gybing
Rigging
Racing
Advanced theory
Safety afloat
Fun games

Facilities and equipment

During the course you will be using a variety of craft. Our fleet consists of Topaz, Taz, Topaz race and Omega. The relevant boat will be selected to run your course. Wetsuits and buoyancy aids are provided for the duration of all courses Tallington lakes boasts a sailing specific clean spring fed lake to ensure all your tuition takes place in the ideal learning environment without disturbance from our other exciting activities available on site
Please bring with you a towel and a pair of old trainers you don't mind getting wet!



Lunch

Lunch including lunch boxes are available from our lake side bar at competitive prices (please enquire for details)
Alternatively bring a packed lunch

Pre requisites

You must be aged between 8 and 15, and be enthusiastic about water sports you must also hold the RYA Stage 3 unless undertaking a direct assessment. There will be no time in which to cover 'old ground' so make sure your up to scratch, a training / pre assessment session is available please enquire for details, or why not try personal tuition to ensure you get up to standard or brush up on any rusty areas before undertaking the course
YOU DON'T NEED TO BE ABLE TO SWIM JUST WATER CONFIDENT

Duration

The course is run over two days with approximately 4 hours of tuition per day.

Running times

10.00am - 12.00pm	Session 1
12.00am - 1.00pm	Lunch
1.00pm - 3.00pm	Session 2

Cost

£150.00 per head as part of a group
Price includes logbooks and certificates



General

Please arrive early on the first day of any course to allow booking in and introductions to be done

The next step

Having completed your RYA Stage 4 why not come to Tallington and hire any of our sailing dinghy fleet. The next step for successful candidates is to progress through the 5 advanced modules in the adult scheme.

We are open 7 days a week from April to October from 9.30-6.30



**Tallington water sports
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